Huntington Sanitary Board

"Keeping Water Clean"

SAY NO TO FOG!

What is FOG?

FOG refers to fats, oil, and grease from food preparation and kitchen clean up. It is found in items such as:

Meats
Sauces
Dairy products
Salad dressings
Butter/margarine
Cooking oil
Food scraps
Lard/shortening
Baking goods

Results of FOG in Sewer Lines

When fats, oils and grease enter the sanitary sewer system, they stick to the inside of the sewer lines. Over time the FOG buildup can block the entire line and cause sewer backups which may result in:

- **Clogged drains or toilets**
- **Raw sewage backing up into your home**
- **Raw sewage overflowing into the environment**
- **Expensive cleanup, repair & replacement of damaged property**
- **Higher wastewater system operation & maintenance cost**
- **Unpleasant odors**
- **Potential public health risks**

DO

Place cooled oil and grease into trash bins or covered collection containers

Scrape food scraps into trash bins

Manually wipe off all visible fats, oils, Grease and food residue from dishes and cookware into trash bins

Use a strainer in the sink to collect excess food particles

Encourage neighbors to help keep fats, oils and grease out of the sewer system

DON'T

Don't pour oil or grease down the drain

Don't put food scraps down the drain

Don't pour liquid foods (dairy products, syrups, batters and gravy, etc.) down the drain

Don't run water over greasy dishes, pans or fryers

Don't use chemicals to remove grease clogs; they can damage the piping system

Don't rely on a garbage disposal to get rid of grease (**excess use of garbage disposals can also contribute to blocked pipes)**